

Topic : The world around us/Alternative lifestyles

**Task A:** Identify the word class for each of the words from the TEXT and match the synonyms and the definitions on your right.

Words from the TEXT	Letter	Class word	Synonyms
1. To boycott /	i)	VERB	a) carelessly
2. To curtail			b) To place restrictions
3. Consumption			c) slogan
4. dumpster			d) The act of consuming something
5. To rely on			e) modest
6. To purchase			f) To compete
7. bartering			g) To buy
8. to struggle			h) To depend on
9. mild			i) To refuse to have business with someone/buy ...
10. recklessly			j) degraded
11. mantra			k) leave
12. shopaholic			l) Container to receive and transport waste
13. quit			m) A compulsive shopper
14. profligate			n) exchanging

**Task B:** read the text and insert the missing sentences. WRITE the full sentences in the space left.

- a) *what the rest of us leave for the garbageman.*
- b) *I would live as a freegan for a month.*
- c) *who has decided to boycott capitalist society by severely curtailing consumption of resources through reusing, recycling and Dumpster diving.*
- d) *Any money I saved would go into a "Freedom Savings Account"*
- e) *use 25% of the world's oil and buy houses we can't afford.*

## ARE FREEGANS ODDBALLS OR SAGES ? NEWSWEEK'S RAINA KELLEY SPENT A MONTH LIVING AS ONE

Before June of this year, I thought only the sad and desperate ate garbage. Then I discovered the freegans. For those new to the term ( free + vegan ), a freegan is a person **1** ...

Taking the expression "Waste not, want not" to its extreme conclusion, freegans try not to purchase anything up to and including food. Instead they rely on bartering and **2** ...

At first blush, freegans might seem odd and peripheral.

America's overconsumption is legendary. We struggle with morbid obesity, **3** ...

If the mildest projections are true, we are recklessly contributing to the warming of the planet.

Thus an innocent idea was born. **4** ...

I had nine rules: I would be a vegan who bought nothing but local and /or organic food. I would use only eco-friendly transportation, cut my electricity bill in half and erase my carbon footprint. My mantra would be "recycle, reuse, renew" while never forgetting to reflect on my impact on the Earth before acting. **5** ...

and be used toward allowing me to quit my 9-to 5 as soon as possible.

That's tough work for an Ebay loving, omnivorous, cigarette-smoking shopaholic. But I was determined to change my profligate ways. I would transform myself into an eco-princess- a green goddess.



**Task C: Explain the following expressions from the text. The first one is done for you as an example.**

<p><i>America's overconsumption is legendary</i></p>	<p>She wants to say that everyone knows that America is a nation of compulsive consumers as they buy too much .</p>
<p><i>My mantra would be "recycle, reuse, renew "</i></p>	
<p><i>I would transform myself into an eco-princess- a green goddess.</i></p>	
<p><i>My 9-to 5</i></p>	
<p><i>Omnivorous</i></p>	

**Task D: rewrite the following sentences by starting them as suggested.**

1. Freegans reduce consumption because they are against capitalism.  
Since....
  
2. Freegans are concerned about consumerism and so they avoid buying anything whatsoever.  
Freegans are so .....
  
3. People leave garbage for the garbageman.  
Garbage.....
  
4. Americans use 25% of the world's oil and increase the effects of global warming in a large extent.  
If Americans.....

**Task E:** use the following verbs with the right prepositions and the matching phrases and translate them. Then make 5 sentences of your own with these verbs.

VERBS	PREPOSITIONS	Translation	Matching phrases ( in some situations more than one phrase is possible)
1. Rely	To	1.	1. becoming more serious
2. Contribute	On	2	2.a green activist.
3. Reflect	Into	3	3. the implications of eating animals.
4. Transform	From	4	4. animal suffering.
5. Prevent	About	5	5.animal rights.
6. Care	With	6	6.carbon dioxide emissions
7. Worry	for	7	7.alternative lifestyles
8. Struggle		8	8.him to cook a vegetarian meal.
9. Look		9.	9.the greenhouse effect
			10. a vegetarian restaurant